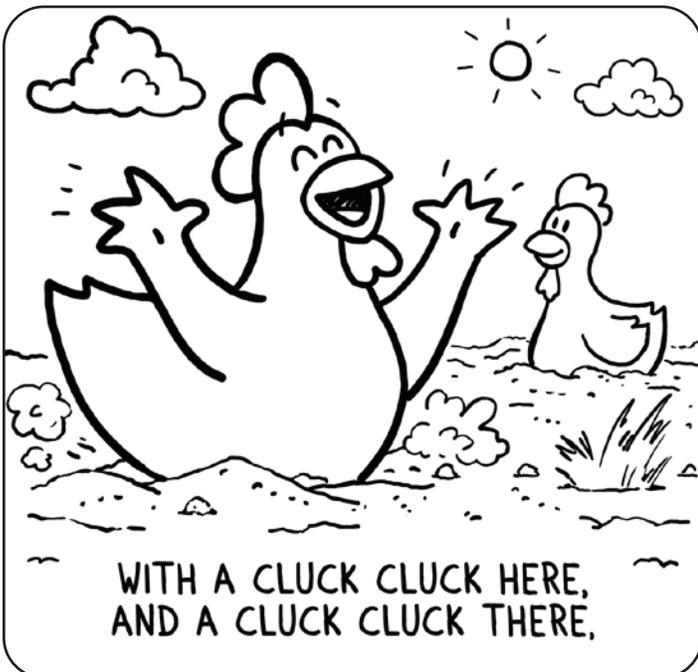


# AGES 3-5 • ACTIVITY 1

Color in these Vital Farms chickens out on pastures, while singing along to the tune of Old McDonald!



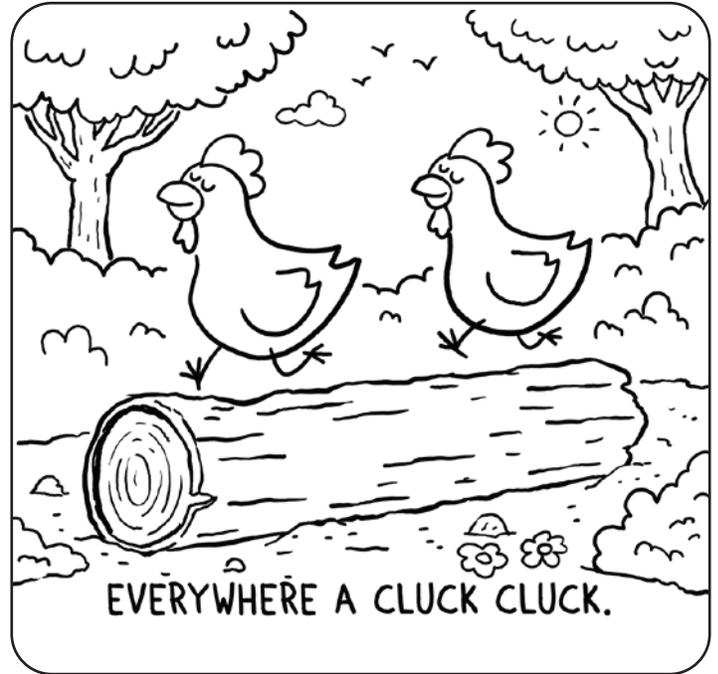
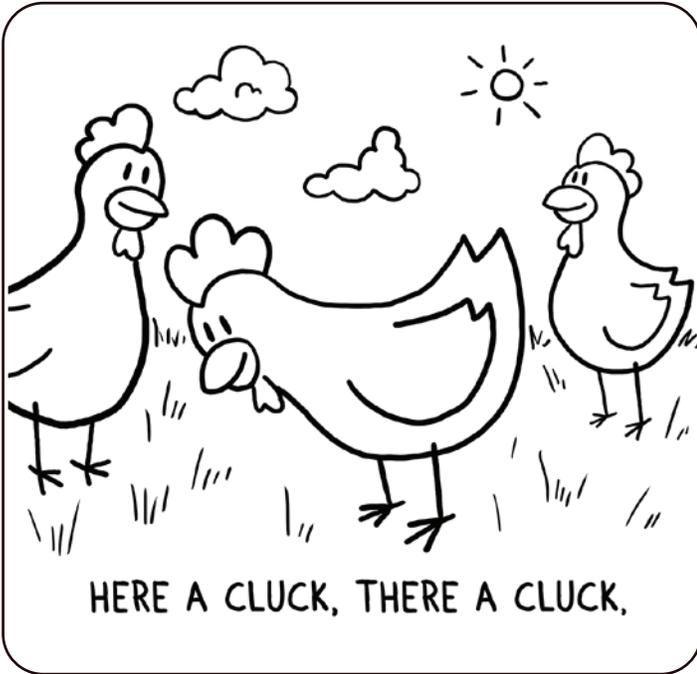
**DID YOU KNOW?**  
*Eggs come from chickens, but they don't spend all their time laying eggs! Happy, healthy chickens spend most of their day outside in the pastures with their flock.*

FLIP TO THE NEXT PAGE FOR MORE!



# AGES 3-5 • ACTIVITY 1

Color in these Vital Farms chickens out on pastures, while singing along to the tune of Old McDonald!



Do you think these chickens have names? What would you name them and why?

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## AGES 3-5 • ACTIVITY 2

It's time to visit a farm! Adults, follow the steps below to help your kids see a real Vital Farms farm – and don't forget to turn up the volume on your computer!

1. Grab a carton of Vital Farms eggs.
2. Find the farm name on the side of your egg carton.
3. Visit [www.vitalfarms.com/farm](http://www.vitalfarms.com/farm) on a computer or smartphone.
4. Type the farm name into the device.
5. Enjoy the video of the chickens who laid your eggs. (*Psst: don't forget to turn the volume up!*)



*No carton? No problem! Use the farm name "Sorrell Farms" to complete the activity.*

What are the chickens doing? What noises do they make? Can you walk like a chicken?

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Now that you've seen the farm where your eggs are laid, you can write a thank you note or send a picture to the farmer! Help an adult find the "Message a Farmer" button on your farm's page. (Hint: it's below the farm video)

### DID YOU KNOW?

*Farmers wake up early every day to take care of the hens! They work hard sunrise to sunset taking care of their flock, the barn and pasture to share their eggs with us.*

MESSAGE A FARMER



Practice your message or draw a picture to send to a farmer!