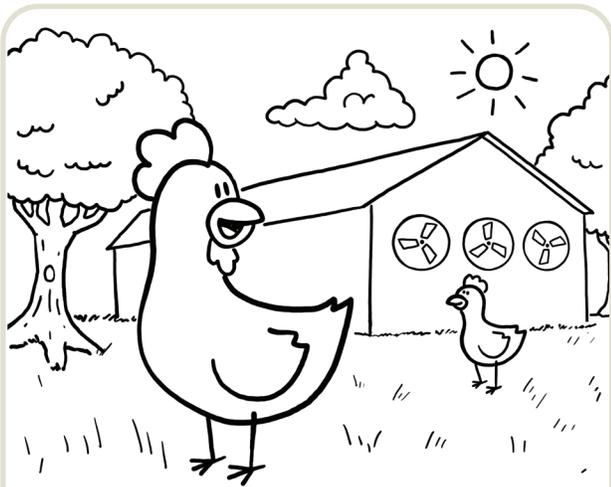




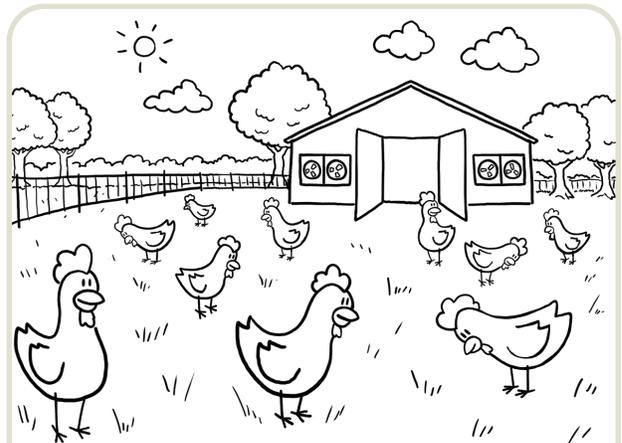
# ACTIVITY GUIDE

## AGES 3-5 | ACTIVITY 1

Color in these Vital Farms hens out on pastures, while singing along to the tune of Old McDonald!



VITAL FARMS ARE HAPPY FARMS,  
E-I-E-I-O!



AND ON THOSE FARMS LIVE  
FLOCKS OF HENS,  
E-I-E-I-O!



WITH A CLUCK CLUCK HERE,  
AND A CLUCK CLUCK THERE,

### DID YOU KNOW?

*Eggs come from hens, but they don't spend all their time laying eggs! Happy, healthy hens spend most of their day outside in the pastures with their flock.*

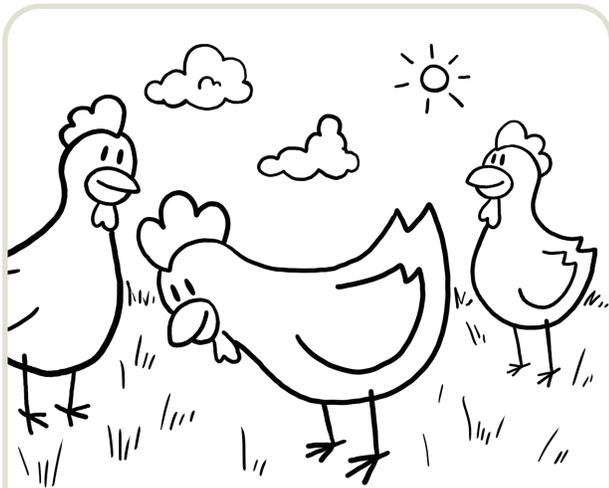


# ACTIVITY GUIDE

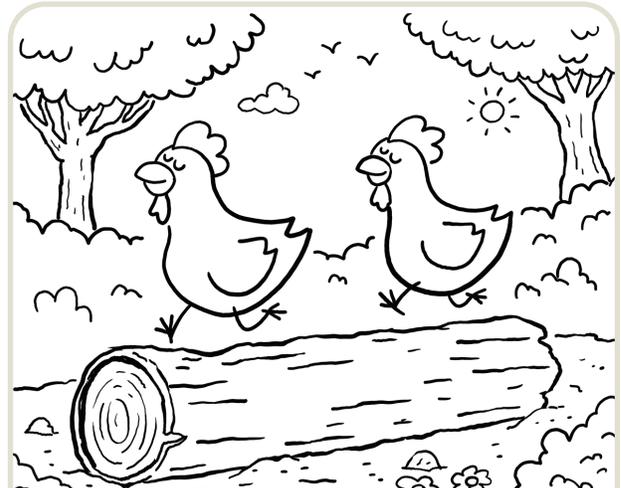
## AGES 3-5 | ACTIVITY 1

Color in these Vital Farms hens out on pastures, while singing along to the tune of Old McDonald!

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HERE A CLUCK, THERE A CLUCK,



EVERYWHERE A CLUCK CLUCK.

DO YOU THINK THESE HENS HAVE NAMES?  
WHAT WOULD YOU NAME THEM AND WHY?

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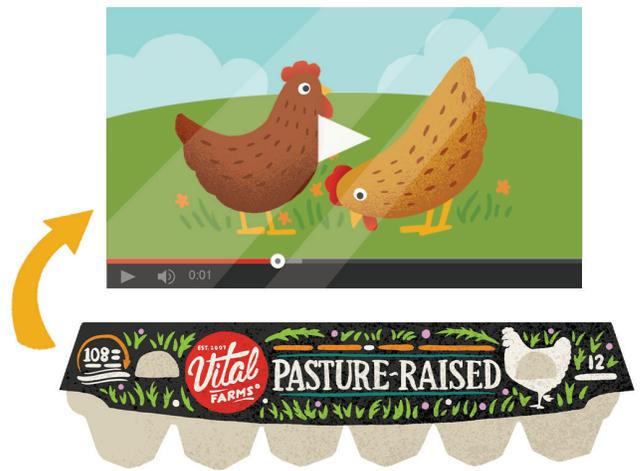
# ACTIVITY GUIDE

## AGES 3-5 | ACTIVITY 2

It's time to visit a farm! Adults, follow the steps below to help your kids see a real Vital Farms farm — and don't forget to turn up the volume on your phone or computer!

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- 1 Grab a carton of Vital Farms eggs.
- 2 Find the farm name on the side of your egg carton.
- 3 Visit [www.vitalfarms.com/farm](http://www.vitalfarms.com/farm) on a computer or smartphone.
- 4 Type the farm name into the device.
- 5 Enjoy the video of the hens who laid your eggs. (*Psst: don't forget to turn the volume up!*)



*No carton? No problem! Use the farm name "Lukes Chickens" to complete the activity.*

WHAT ARE THE HENS DOING? WHAT NOISES DO THEY MAKE?  
CAN YOU WALK LIKE A HEN?

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