



# ACTIVITY GUIDE

## AGES 6-8 | ACTIVITY 1

Follow the steps below with an adult to see a real Vital Farms farm, and then answer these questions about what you see.

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- 1 Grab a carton of Vital Farms eggs.
- 2 Find the farm name on the side of your egg carton.
- 3 Visit [www.vitalfarms.com/farm](http://www.vitalfarms.com/farm) on a computer or smartphone.
- 4 Type the farm name into the device.
- 5 Enjoy the video of the hens who laid your eggs. (*Psst: don't forget to turn the volume up!*)



*No carton? No problem! Use the farm name "Lukes Chickens" to complete the activity.*

**DOES THE FARM LOOK LIKE YOU THOUGHT IT WOULD? WHY OR WHY NOT?**

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**WERE YOU SURPRISED BY HOW THE HENS ACTED? SOUNDED? LOOKED?**

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**IF YOU WERE A HEN, WOULD YOU STAY IN A FIELD OR GO UNDER TREES? WHY?**

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# ACTIVITY GUIDE

## AGES 6-8 | ACTIVITY 2

Now that you've seen the farm where your eggs are laid, you can write a thank you note or send a picture to the farmer! Help an adult find the "Message a Farmer" button on your farm's page. (Hint: it's below the farm video)

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### DID YOU KNOW?

*Farmers wake up early every day to take care of the hens! They work hard all day taking care of the flock, the barn, and the pasture to share their eggs with us.*

MESSAGE A FARMER



PRACTICE YOUR MESSAGE OR DRAW A PICTURE TO SEND TO A FARMER!



# ACTIVITY GUIDE

## AGES 6-8 | ACTIVITY 3

Vital Farms hens are most comfortable in the cluster of states we call the Pasture Belt, where they can enjoy the outdoors year-round. Use the key below to color each region of the map and reveal the Pasture Belt!

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💧 TOO RAINY



❄️ TOO COLD



☀️ TOO DRY



🔥 TOO HOT



✅ JUUUUST RIGHT!

